

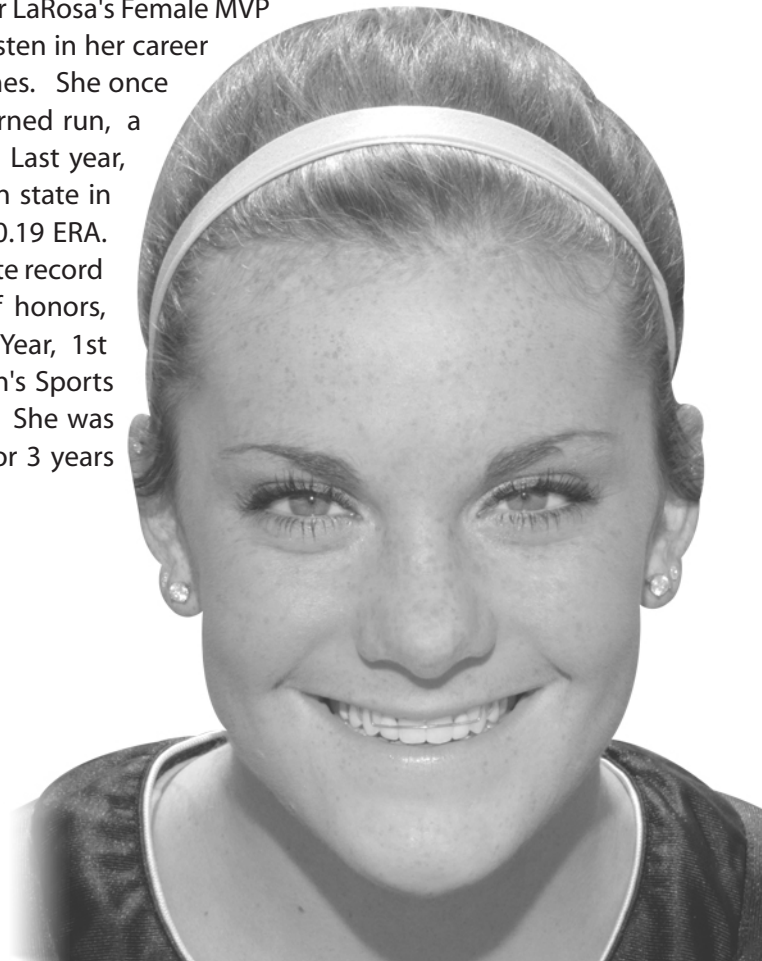
LaRosa's MVP of the Week

# LAROSAS MVP.COM

## Kirsten Allen

Ryle High School

Oklahoma-bound senior last year was named as a finalist for LaRosa's Female MVP Award, a rare feat for a junior. A 5-year varsity starter, Kirsten in her career has pitched 80 shutouts, 30 no-hitters and 11 perfect games. She once pitched 210 consecutive innings without giving up an earned run, a Kentucky state record, one of 7 state records she holds. Last year, Kirsten led the team to the state runner-up title (Ryle won state in 2006), with a 36-4 record and single-season state record 0.19 ERA. She notched 451 strikeouts and pitched a single-season state record 29 shutouts and 11 no-hitters. She has won dozens of honors, including last year alone Kentucky Gatorade Player of the Year, 1st team allstate, NKY Player of the Year and the local Women's Sports Federation's Fast-Pitch Player of the Year. She was also 1st team Academic All-State and for 3 years an all-star volleyball player.



COACH'S QUOTE -- "Kirsten is a tremendous competitor with an unrelenting work ethic. She refuses to lose and no one out-works her. Plus, she's fun to be around." -- Bill Matteoli, Fast-Pitch Coach



### Kirsten Allen Ryle High School

**SPORT(S):** Fast-pitch & Volleyball

**GRADUATING YR.:** 2008

**GREATEST ACHIEVEMENT:** Winning state in 2006.

**BIRTHDATE:** 12-29-89

**HEIGHT/WEIGHT:** 5'11" - 165 lbs.

**RESIDENCE:** Union, Ky.

**PARENTS:** Patrick & Marti

**FUTURE GOAL:** "Win national championship at Oklahoma."



April 29, 2008