

Michael Grainger

Indian Hill High School

This senior is a 3-time All-American diver for Indian Hill and is one of Cincinnati's best. Michael has been district diving champ every year of high school. Last season as a junior, Michael won the Coaches Classic and CHL titles (he holds the CHL diving record), as well as the sectional and district titles. He finished 3rd at state last year and 4th at state this season. In the 2008 nationals, he placed 3rd on the 1-meter and 5th on platform diving. Michael has earned numerous honors,

> including being named 1st team all-city three times (freshman-sophomore-junior years) and will likely attain the honor for the 4th time this year. Active in community service, Michael will compete next season at Miami University in Oxford. His favorite athlete is Ronaldinho, favorite entertainer is Conan O'Brien, favorite book is Jurassic Park, favorite movie is Gladiator and most-like-to-meet is Tiger Woods.



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SPORT(S): Diving GRADUATING YEAR: 2009 GREATEST ACHIEVEMENT: "Breaking both personal records in same year" BIRTHDATE: 2-15-90 HEIGHT/WEIGHT: 5'7"-135 lbs. RESIDENCE: Indian Hill PARENTS: Jeff & Moira BIGGEST INFLUENCE: "My family" FUTURE GOAL: "Finalist at NCAAs in college"

COACH'S QUOTE -- "Michael's dedication to the sport of diving has put him where he is today. When the pressure and expectations are at their highest, Michael is at his best." – Jason Glorius, Diving Coach

March 31, 2009

LaRosa's MVP of the Week

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