LaRosa's MVP of the Week



Jacquelyn Crow Lebanon High School



A senior runner and four year starter, Jacquelyn Crow holds eight school track records. She is the 2013 GWOC South track champion in the 800, 1,600 and 3,200 runs. Last year she finished 3rd at state in the 800 and 5th at state in the 1,600 run.

Jacquelyn is an Ohio state cross country champion, having won the 2012 Div. I state title in a course record 17:39.31. It was the 1st cross country championship in school history and she was named GWOC Cross Country Runner of the Year, Cincinnati Cross Country Runner of the Year, and the Women's Sports Association's Runner of the Year. This past fall, Jacquelyn won her fourth straight district cross country championship and was Ohio state runner-up.

Extremely active in community service, Jacquelyn is a great student, has earned academic all-state honors numerous times and is a National Honor Society member. She will run next season at Furman University.

Her favorite athlete is Jake Crow (Jacquelyn's little brother), favorite book is The Bible, and most-like-to-meet is Kara Goucher.



SPORT: Track-Cross Country GRADUATING YEAR: 2014 GREATEST ACHIEVEMENT: 2012 Div. I Cross Country state champ BIRTHDATE: 8/3/96 HEIGHT: 5'7"-125 lbs. RESIDENCE: Lebanon PARENTS: John & Dawn BIGGEST INFLUENCE: "My faith." FUTURE GOAL: Enjoy Life

"Jacquelyn is a self-motivated athlete whose accomplishments speak for themselves. She is also an outstanding student earning top grades in AP and honors coursework. Most impressive, is that Jacquelyn's faith and concern for others make her a better person than a student athlete, and she is among the best student athletes I have ever coached." – Martin Collier, Track Coach