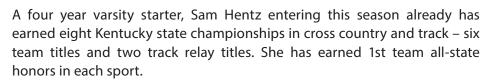




Sam Hentz St. Henry High School



In cross-country, Sam is a two time regional champion who last season finished 4th at the Kentucky Class A championships. Twice she has been named 1st team all-region.

She was also a two time Kentucky Class A track champion as part of the Crusaders' state-winning 4x800 relay teams, and she was 2014 regional champ in the 1,600 run. Sam also plays basketball for the Lady Crusaders who are defending district champs.

Sam, an academic all-state student-athlete, is active in community service. Her favorite athlete is Michael Phelps, favorite entertainer is Twenty One Pilots, favorite book is Perks of Being a Wallflower, favorite movie is The Notebook and most-like-to-meet is Pope Francis.



SPORT:

Cross Country-Basketball-Track

GRADUATING YEAR: 2015 GREATEST ACHIEVEMENT:

Winning state as a team in

XC & track

BIRTHDATE: 7/16/97

HEIGHT/WEIGHT: 5'8"-105 lbs.

RESIDENCE: Erlanger, Ky.

PARENTS: Tim & Rhonda

BIGGEST INFLUENCE: "My sisters."

FUTURE GOAL: Become a doctor

"Sam is on of the most dedicated and hard working athletes I have ever coached. She is a huge reason our distance has been so successful." – Tony Harden, Cross Country Coach