

MVP Featured Athlete

**LAROSAS**  
**MVP.COM**



## Sarah Zimmerman

### Cincinnati Country Day

Cincinnati Country Day's Sarah Zimmerman is an outstanding senior student-athlete who is a two-sport all-star in basketball and soccer.

In basketball, she averaged 12.9 points per game, 7.6 rebounds per game, 3.8 steals per game (third in the MVC) and 3.0 assists per game for the 21-5 (8-2) Nighthawks, who won a fourth straight Sectional championship, and a first-ever Regional championship. The impressive season ended in an Ohio state tournament semifinals' loss to New Knoxville to finish the season 21-6. The Nighthawks made the state Final Four for the first time in program history. Basketball is a family affair for the Zimmermans. Sarah's twin sisters, sophomores Megan and Elizabeth Zimmerman, also contributed to the team's success. Mom and Dad were both star athletes at Country Day. Mary Zimmerman is in the school's hall of fame and James Zimmerman was on the last boys' basketball team to make the state Final Four in 1992.

Sarah had numerous double-digit scoring games this season, including vs. Norwood (22 points), Purell Marian (21 points), Indian Hill (21 points) and CHCA (20 points). In the CHCA game, she nearly recorded a memorable triple-double with 20 points-12 rebounds and nine steals. She had five double-double games on the year.

Sarah has earned several honors in basketball, including her junior year when she was team MVP, second team all-MVC for the second time, honorable mention all-city Div. IV (Enquirer) and first-team all-SWO District. She was also first-team Div. IV all-SWO District this season, as named by Ohio sportswriters, as well as first-team all-MVC and second-team all-Ohio Div. IV.

A midfielder in soccer, Sarah had four goals and 15 assists this past season for the MVC Scarlet champs and was named first-team all-MVC for the second time and was first-team all-city for the second time. She was also named as a player for the Southwest Ohio Soccer Coaches' Southwest Ohio Senior All-Star Game. Sarah recorded 23 goals and 32 assists (78 points) in her great athletic career, which included winning four MVC soccer titles and two Ohio state championships. She also plays for the Kings Hammer soccer club team, and, in addition, played varsity lacrosse last season for the Nighthawks and was honorable mention all-league.

An honor student and academic all-state performer who is active in community service, Sarah will play both basketball and soccer collegiately at Washington & Lee University in Virginia. Her favorite athlete is Julie Ertz, favorite entertainer is Thomas Rhett, favorite book is Five Feet Apart, favorite movie is The Greatest Showman, and most-like-to-meet is Rose Lavelle.

**NAME:** Sarah Zimmerman  
**GRADUATING YEAR:** 2022  
**SCHOOL:** Cincinnati Country Day  
**SPORT:** Basketball-Soccer  
**ACHIEVEMENT:** Back-to-back state championships  
**HEIGHT:** 5'11"-150 lbs.  
**PARENTS:** James & Mary  
**INFLUENCE:** "My mom."  
**GOAL:** Live somewhere besides Cincinnati

"One of the most competitive athletes I've ever had the pleasure of coaching in my 32 years. She was the glue to our midfield for four years. Sarah is the type of player whose impact is not measured by goals and assists."

- Theresa Hirschauer, Soccer Coach.

"Sarah Zimmerman is one of the most competitive athletes we have. Works hard on both offense and defense and has improved her game to a high level."

- John Snell, Basketball Coach

April 5, 2022