

LaRosa's MVP of the Week

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## Rachel Lantry

Holy Cross High School

This senior guard and 5-year varsity starter has scored 2,000+ points in a tremendous career that saw her named as a Northern Kentucky all-star each year.

As a junior for the district champs, she averaged 19 points-5 rebounds and was MVP of the 35th district tournament, 1st team all-Northern

Kentucky and honorable mention all-state. Rachel is flashing all-star numbers this year, too, scoring 31 vs. Highlands, 27 vs. Dixie Heights and 22 vs. Louisville Butler. Her summer AAU team, the Cincinnati Royals, won the Under 16 Ohio state championship. She will play basketball next year at Northern Kentucky University. Also a star soccer player, this 4-year starter led the Indians her sophomore year to the championship of the Kentucky All-A Classic. This year she was named 1st team all-Northern Kentucky and selected to play in the NKY-Cincinnati all-star game. Her favorite athlete is Tara Boothe, and her favorite entertainer is Will Ferrell.



COACH'S QUOTE -- "Rachel is one of the most prolific scorers in the strong tradition that is Holy Cross basketball. She has well prepared herself to be a student-athlete on the collegiate level at Northern Kentucky University by hard work in the classroom, on the field and in the gym. It will be a pleasure to watch her continue her career so close to home." -- Rob Kues, Basketball Coach



### Rachel Lantry Holy Cross High School

**SPORT:** Basketball-Soccer

**GRADUATING YR.:** 2006

**GREATEST ACHIEVEMENT:** Scoring over 2,000 career points.

**BIRTHDATE:** 7-14-88

**HEIGHT/WEIGHT:** 5'10" - 125 lbs.

**RESIDENCE:** Ludlow, Ky.

**PARENTS:** Tom & Rhonda

**BIGGEST INFLUENCE:** "My big sister Leah."

**FUTURE GOAL:** "Graduate from college."



January 31, 2006