

LaRosa's MVP of the Week

LAROSAS MVP.COM

Lisa Ruth

Bishop Brossart High School

This triple-threat athlete finished 4th at state as a junior last year in the long jump, triple jump and pole vault. She was regional champ in the triple jump and pole vault and finished 3rd regionally in the long jump. For her efforts, Lisa was named by the Kentucky Post as "Northern Kentucky Field Athlete of the Year." She's had a good senior season, too, having won all three events at the competitive Gold Medal Meet and also winning the state Class A championship in the triple jump at the Kentucky High School Indoor Meet. Holder of many meet and school records, she also competed for 4 years in cross country. An academic star, who is very active in community service, Lisa will compete collegiately next year at Mount St. Joseph. Her favorite entertainer is Garth Brooks, her favorite athletes are Marion Jones and Stacy Draglia, and her most-like-to-meet is Lance Armstrong.



COACH'S QUOTE -- "Lisa is an outstanding leader on the track team. Her dedication and desire have made her a very successful student athlete. She is a very competitive athlete. It has been a real pleasure to work with Lisa over the last four years." – Dave Schuh, Track & Field Coach



Lisa Ruth Bishop Brossart High School

SPORT(S): Track & Field

GRADUATING YR.: 2006

GREATEST ACHIEVEMENT: "Receiving LaRosa's MVP Award."

BIRTHDATE: 2-15-88

HEIGHT/WEIGHT: 5'3" - 115 lbs.

RESIDENCE: Alexandria, Ky.

PARENTS: Paul & Margie

BIGGEST INFLUENCE: "My Grandpa."

FUTURE GOAL: "Be successful in track and education in college."



May 23, 2006