

MVP Featured Athlete

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Mitch Bolden

Lakota West High School



Quarterbacking the two-time reigning GMC champion Lakota West Firebirds this fall is senior Mitch Bolden, an all-star performer who holds three school records (career passing yards, career passing TDs and single-season passing TDs). Last season, Mitch, who plays for his varsity head coach dad, Tom, led the Firebirds to an undefeated 7-0 record in league play, and an 11-2 overall record. He earned numerous awards, including being named first-team all-GMC, first-team all-city Div. I (Enquirer) and first-team SWO district.

Now back for his fourth varsity season under center, Mitch in the season-opening game, an exciting 16-13 win vs. St. Xavier, threw for 167 yards and two touchdowns against the Bombers. In the second game of the season, a 49-6 win vs. Lakota East, Mitch was 10-for-12 passing for 215 yards and three touchdowns. In this season's third game, a 59-7 win vs. Sycamore, Mitch threw for 166 yards and three touchdowns.

Mitch is coming off a junior year campaign when he passed for a league-leading 1,924 yards and 21 touchdowns plus ran for 751 yards and 10 TDs.

Mitch, who has accounted for 4,678 yards of total offense in his career, is also an artist and history buff. He is a good student who is active in community service and he plans to play football at the next level but has not yet committed to a college. At Lakota West, he also played varsity baseball as well as basketball as a freshman.

His favorite athlete and most-like-to-meet is Joe Burrow, favorite entertainer is Dave Chapelle, favorite book is The Count of Monte Cristo, and favorite movie is The Longest Yard.



NAME: Mitch Bolden
GRADUATING YEAR: 2023
SCHOOL: Lakota West High School
SPORT: Football
ACHIEVEMENT: Winning the GMC title
HEIGHT: 6'2"
PARENTS: Tom & Lisa
INFLUENCE: "My parents."
GOAL: Play college football, earn a degree

"Mitch is about as a well-rounded quarterback as you can find. He has the touch to throw the short out as well as the arm strength and accuracy to get the ball on target on deep vertical routes. He reads conditions well and has shown good speed and toughness with his uncanny running ability. He is a team leader on and off the field as well as an excellent student."

– Tom Bolden, Varsity Football Coach

September 13, 2022