

LaRosa's MVP of the Week

# LAROSAS MVP.COM

## McKenzie Long

This senior diving All-American won the Kentucky state championship last year and was named 1st team all-state. Having been diving varsity for 6 years, she finished 3rd at state as a sophomore and 6th as a freshman. Her summer club is the Tri-State Diving Club. Prior to her junior year, McKenzie finished 5th in the nation at the World Team Diving Trials at Coral Springs, Florida. McKenzie is also a great volleyball player. A setter, she holds many school records, including single season assists (672) this year. She has been named 1st team all-conference two times and twice was named to the district all-tournament team. Also

an academic all-star with a 4.0 grade point and membership in National Honor Society, McKenzie is active in community service. Her favorite athlete is Laura Wilkinson. McKenzie has not yet selected a college, but plans to dive at the next level.



*Coach's Quote -- "McKenzie is the epitome of a student-athlete. She excels athletically and academically by setting high goals for herself, but most important is that she is an outstanding, considerate individual." -- Shirley Millar, Diving Coach*

## Conner High School

**Birthdate:** 7-3-87

**Residence:** Burlington, Ky.

**Graduating/G.P.A.:** 2005 - 4.0

**Height-Weight:** 5'7" -129 lbs.

**Greatest Achievement:**

Winning Ky. state championship; being All-American

**Parents:** Chester & Deborah

**Biggest Influence:** "My family."

**Future Goal:** Get a college education and further my diving career.

*In December of 2003, online ordering was unveiled.*



*LaRosa's added a convenient way to order for carry out or delivery of everything on the menu. Currently, online ordering is another way to set high standards of complete Guest satisfaction and stay connected to our community.*



February 1, 2005