



Elizabeth Heinbach

Indian Hill High School

It was an extraordinary accomplishment last year when Indian Hill athletic superstar Elizabeth Heinbach was named Conference Player of the Year in 3 different sports – She was CHL Player of the Year in cross country, swimming and track. In cross country, she was CHL champ (course record 19:04), district champ and 5th at state and was named Cincinnati Div. II-III Cross Country of the Year and 1st team all-Ohio for the 3rd time. In swimming, she was CHL champ in the 200 IM (for the 3rd time), 500 freestyle and 400 freestyle relay and was named CHL Swimmer of the Year and 1st team all-city. In track, Elizabeth was CHL champ in the 800, as well as regional champ and Ohio state Div. II runner-up in the 3200 run, and was named 1st team all-city. Active in community service, Elizabeth is an academic all-Ohio student and member of National Honor Society.



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SPORT(S): Cross Country -
Swimming - Track

GRADUATING YEAR: 2012

BIRTHDATE: 9/10/93

HEIGHT/WEIGHT: 5'8"-115 lbs.

RESIDENCE: Kenwood

PARENTS: Brad & Lynn

BIGGEST INFLUENCE: "My mom"

FUTURE GOAL: Complete an Iron
Man competition

COACH'S QUOTE – "Elizabeth is a dedicated student and athlete. She is completely committed to doing her very best in all areas of her life. Plus she truly enjoys competition. She has the normal nervousness of all athletes, but she is always excited to have the opportunity to compete." – Susan Savage, Cross Country Coach

August 30, 2011