



## Sydney Lofquist

### Ursuline Academy High School



A swimming All-American, Ursuline senior Sydney Lofquist helped the Lions to its 2nd straight Ohio state championship last season.

Sydney was the individual Ohio state champion in the 200 IM (2:00.13) and the 500 freestyle (4:46.63), and was a member of the 200 medley relay and 400 freestyle relay teams that won state titles. The 400 freestyle relay win was in a state-record time of 3:21.89. She earned 1st team all-conference and 1st team all-city honors.

Sydney her sophomore year also won an Ohio Div. II Ohio state title in the 200 IM swimming for Dayton Oakwood High School.

Academically, Sydney is a National Honor Society student and is active in community service. She has committed to swim next season at the University of Southern California.

Her favorite athlete and most-like-to-meet is Elizabeth Beisel, favorite entertainer is Hozier, favorite book is The Glass Castle, and favorite movie is Ferris Bueller's Day Off.



**SPORT:** Swimming

**GRADUATING YEAR:** 2015

**GREATEST ACHIEVEMENT:**

Winning NCSA Jr. Nationals

**BIRTHDATE:** 9/6/97

**HEIGHT/WEIGHT:** 5'9"-145 lbs.

**RESIDENCE:** Sharonville

**PARENTS:** Tom & Gina

**FUTURE GOAL:**

NCAA champ, Olympian

"Sydney has incredible talent and work ethic. She loves to compete and is determined to do whatever it takes to be her best and win."

– Brad Isham, Swimming Coach

January 13, 2015