

MVP Featured Athlete

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## Ashley Akins

### Walton-Verona High School



Walton-Verona senior Ashley Akins is an All-American runner and one of the top student-athletes in Northern Kentucky.

Her junior year at the Kentucky state track championships, Ashley was state runner-up in the 800 run (2:25), was on the state champion 4x800 relay team and state runner-up 4x400 relay team. At the regional championships, she was runner-up in the 800, and was a member of two regional championship relay teams – the 4x800 and 4x400 teams. Plus, she is a three-time NKAC champion in the 800 and 1,600 runs, and won the 3,200 NKAC title her freshman year.

Ashley also competed in cross country for the Bearcats, and is an AAU Cross Country All-American. She is an academic all-state performer in both track and cross country, and she will run collegiately next year at Thomas More University.

Ashley is very active in community service with 105+ hours of community work since her freshman year. Her favorite athlete is Alex Morgan, favorite entertainer is Will Ferrell, favorite book is Dear John, favorite movie is The Blind Side and most-like-to-meet is Ellen DeGeneres.



**NAME:** Ashley Akins

**GRADUATING YEAR:** 2020

**SCHOOL:** Walton-Verona High

**SPORT:** Track-Cross Country

**BIRTHDATE:** 8/24/2001

**PARENTS:** Brian & Connie

**HEIGHT:** 5'5" - 115 lbs.

**INFLUENCE:** "My parents."

**FUTURE GOAL:** Attending and running for Thomas More University

"Ashley is a once-in-a-decade runner. She leads by example and has the desire to always be the best!"

- Phil Amstutz, Track Coach

June 2, 2020