

LaRosa's MVP of the Week

LAROSAS MVP.COM

Sarah Gronefeld

This senior catcher has started 5 seasons for the Colonels, hitting .423 as a junior for the 9th region champs and .541 as a sophomore, becoming the only player in school history to hit over .500 in a season. Last season, only 4 runners stole a base on her, and she threw out 19 runners. She is also the first player in school history named 1st team all-state, and was also named 1st team all-Northern Kentucky for the third time. She also played in the Kentucky Jr. All-Star game. Earlier this year she was selected to tour Australia with a U.S. all-star team. Also a 6-year swimmer for the Colonels,

Sarah is a good student and is active in community service. Her favorite athlete is Lisa Fernandez, her favorite entertainer is Kevin Costner, and his most-like-to-meet are her mom's parents, who are deceased. She will play next year at Georgetown College.



*Coach's Quote: "Sarah is a champion. Her work ethic in the classroom as well as the athletic field is second to none. She has a passion for the fast-pitch game that few other players experience."
-- Dean Fookes, Fast-Pitch Coach*

Dixie Heights

Birthdate: 1-12-87

Residence: Crescent Springs

Graduating: 2005

Height: 5'3"

Greatest Achievement:

First player in school history named 1st team all-state

Parents: Jeff & Martha

Biggest Influence: "My parents."

Future Goal: "Be Miss

Kentucky Softball."

Buddy LaRosa

opened his first

neighborhood

pizzeria in March of 1954.

50 years later, LaRosa's

serves neighborhoods

throughout Ohio, N.

Kentucky, and Indiana, and

is true Cincinnati tradition.



March 22, 2005