

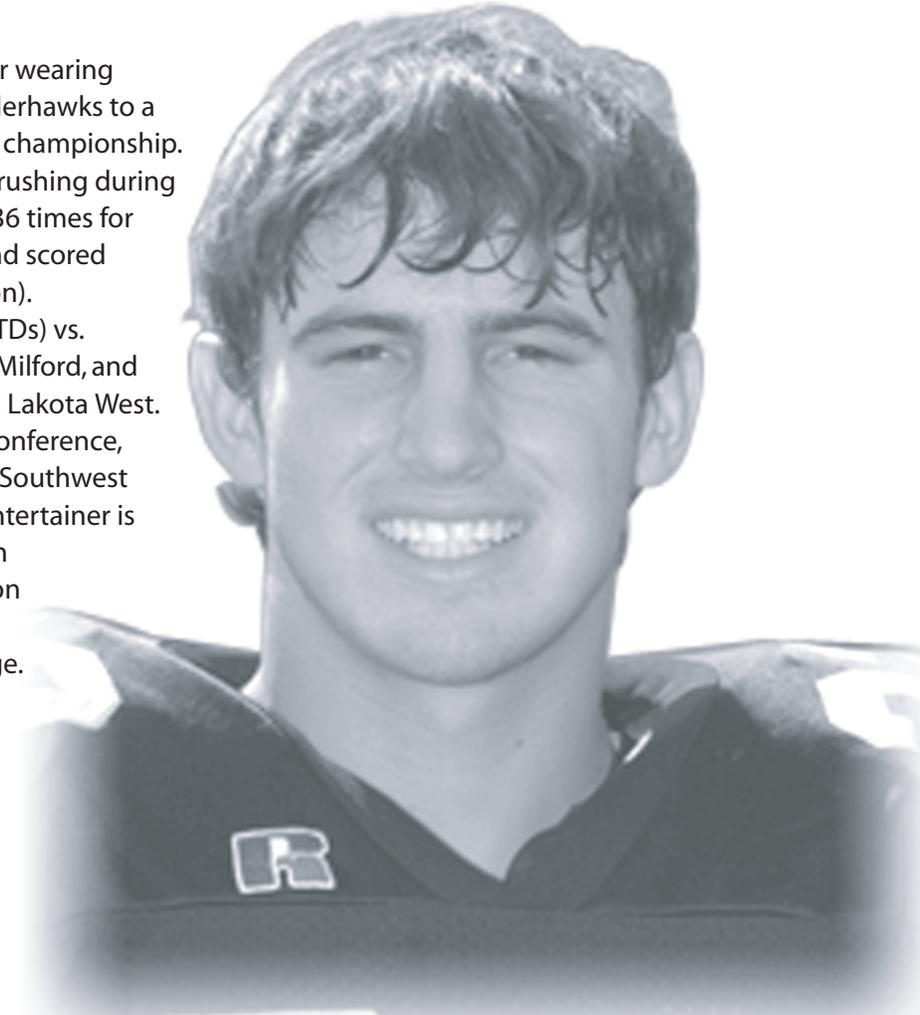
LaRosa's MVP of the Week

LAROSAS MVP.COM

Paul Bowen

Lakota East High School

This Lakota East running back, a 2-year starter wearing jersey #32, last year as a junior led the Thunderhawks to a 9-1 record and co-Greater Miami Conference championship. He led the GMC and the City of Cincinnati in rushing during the regular season. He carried the football 236 times for 1,578 yards (averaging 6.7 yards per carry) and scored 20 TDs (school record for most TDs in a season). Big games included rushing for 224 yards (3 TDs) vs. Talawanda, running for 133 yards (3 TDs) vs. Milford, and rushing for 303 yards (2 TDs) in a win vs. rival Lakota West. Honors included being named 1st team all-conference, honorable mention all-city and 2nd team all-Southwest Ohio district. A good student, his favorite entertainer is Will Farrell, favorite athlete is Walter Payton and most-like-to-meets are Chad Johnson and Ronald Reagan. He has not yet decided on a college.



COACH'S QUOTE -- "Paul has worked very hard towards becoming a good football player. His off-season work habits are exceptional and show tremendous commitment and dedication. In addition, Paul is just as committed toward being an outstanding student."
 -- Greg Bailie, Football Coach



Paul Bowen Lakota East High School

SPORT: Football
GRADUATING YR.: 2006
GREATEST ACHIEVEMENT: Beating Lakota West last year in front of 10,000 fans and rushing for 303 yards against their always tough defense
BIRTHDATE: 2-28-88
HEIGHT/WEIGHT: 6' - 211 lbs.
RESIDENCE: Liberty Township
PARENTS: Darryl & Lisa
BIGGEST INFLUENCE: "My father, who has always encouraged me to be a better person and athlete."
FUTURE GOAL: "Win the GMC-Get into the playoffs"

