

LaRosa's MVP of the Week

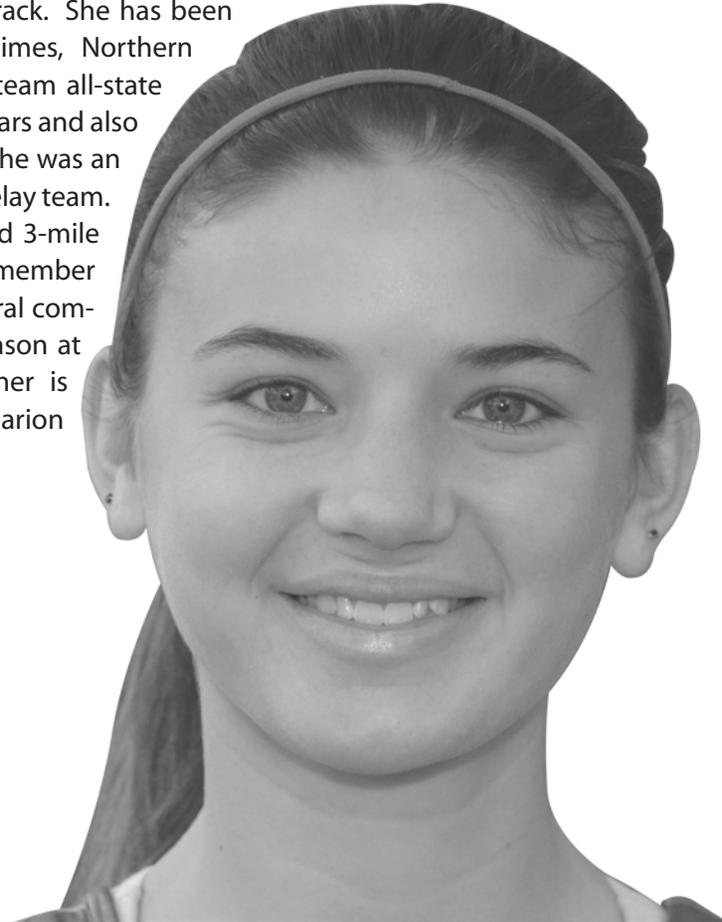
LAROSAS MVP.COM

Darcie Dressman

Highlands High School

This senior has been running varsity since the 8th grade, and has helped the Bluebirds to 4 team championships -- 3 in cross country and one in track. She has been named 1st team all-Northern Kentucky in cross country 4 times, Northern Kentucky Cross Country Runner of the Year once and 1st team all-state once. She has finished 2nd and 3rd at state the past two years and also holds the school cross country record (19:02). In track, she was an integral part in the Kentucky Class AA champion 3,200 relay team.

Darcie holds the school's track record in the mile and 3-mile runs. A good academic student-athlete, she is a member of National Honor Society and is active in several community service projects. She will run next season at Eastern Kentucky U. Her favorite entertainer is Ashley Judd; her favorite athlete is Marion Jones, and her most-like-to-meet are Cameron Diaz and Rachel McAdams.



COACH'S QUOTE -- "There is not a more dedicated athlete than Darcie. She runs on her own in and out of season. She pushes her teammates in a positive way and I've never coached anyone who could handle the pressures of competition as well as Darcie." -- Teri Mayhew, Running Coach



Darcie Dressman Highlands High School

SPORT: Cross Country-Track

GRADUATING YR.: 2006

GREATEST ACHIEVEMENT: Winning conference; breaking records in mile & 3-mile.

BIRTHDATE: 1-16-88

HEIGHT/WEIGHT: 5'8" - 130 lbs.

RESIDENCE: Ft. Thomas

PARENTS: Tim Dressman-Kelly Rose

BIGGEST INFLUENCE: "My friends, coaches and sisters."

FUTURE GOAL: "Break 19 minutes in cross country."



December 6, 2005