

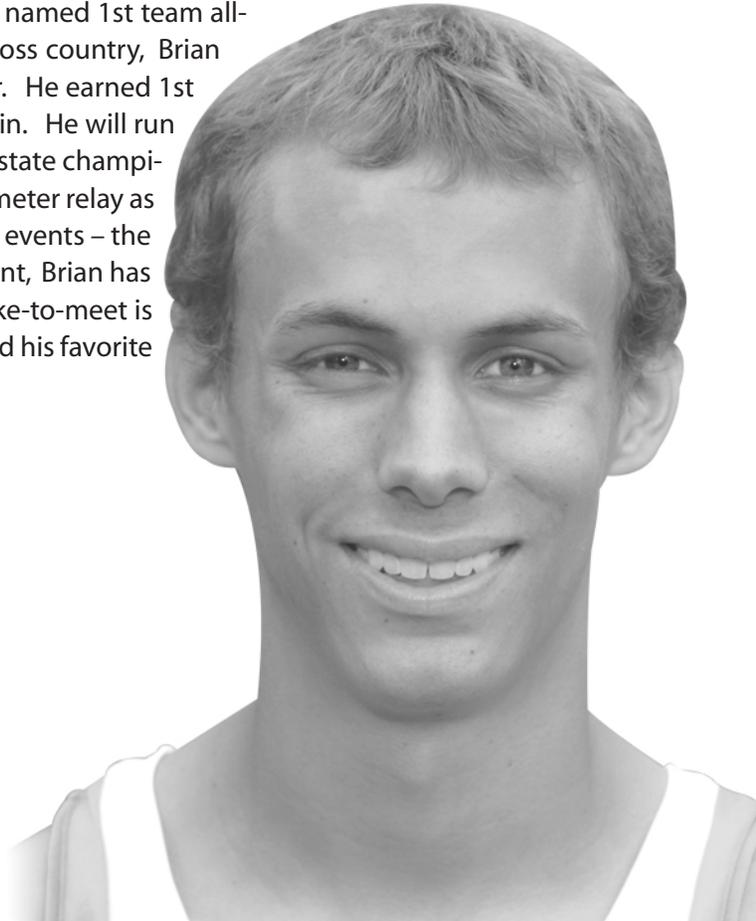
LaRosa's MVP of the Week

LAROSAS MVP.COM

Brian Mirrielees

Highlands High School

This senior is a 3-sport all-star. In cross country, Brian is the defending regional champ, and finished 3rd at state last year in 16:42; he was named 1st team all-state for the third time. At the same time he is running cross country, Brian also plays soccer for the Bluebirds as a defender/midfielder. He earned 1st team all-region honors last year and this year is team captain. He will run track next spring, a sport in which he has already earned 2 state championships – in the 800 run (1:59.13) last year and in the 3,200 meter relay as a sophomore. Also last year he was regional champion in 4 events – the 800, 1,600, 3,200 and 3,200 relay. An academic honor student, Brian has not yet selected a college. His favorite athlete and most-like-to-meet is Carson Palmer, his favorite entertainer is Dave Matthews and his favorite movie is "300."



COACH'S QUOTE -- "Brian is a tremendous athlete who has already accomplished great feats in cross country and track while representing Highlands High School. He has been a varsity performing athlete since his 9th grade year and we are looking forward to his senior year." – Dan Baker, Cross Country Coach



Brian Mirrielees Highlands High School

SPORT(S): Cross Country-Track-Soccer

GRADUATING YR.: 2008

GREATEST ACHIEVEMENT: "Winning state track 800; 4 regional golds."

BIRTHDATE: 2-30-90

HEIGHT/WEIGHT: 6'1" - 152 lbs.

RESIDENCE: Ft. Thomas, Ky.

PARENTS: Bruce & Kris

BIGGEST INFLUENCE: "My parents, sisters and brother."

FUTURE GOAL: "Break Highlands 1,600 record."



September 25, 2007