## LaRosa's MVP of the Week

## Abbey Bessler St. Henry



A 4-year varsity volleyball starter, senior Abbey Bessler is the reigning 9th region Player of the Year as named by the Kentucky Volleyball Coaches Association. Abbey helped lead the Crusaders this season to the Kentucky state All "A" tournament championship, the first-ever in school history. She recorded 29 kills, 20 digs and 4 aces in the title game and was named tournament MVP. She was also named MVP of the regional All "A" tournament. Last year, her honors included being named to the district and regional all-tournament teams, and she was named 1st team all-NKY (Enquirer) and Kentucky Class A 1st team all-state.

A National Honor Society student who is very active in community service, Abbey will join the Xavier University volleyball team next season. Her favorite athlete and most-like-to-meet is Kerri Walsh, favorite entertainer is Ryan Reynolds, favorite book is Twilight, and her favorite movie is Night at the Museum: Battle of the Smithsonian. SPORT: Volleyball GRADUATING YEAR: 2013 GREATEST ACHIEVEMENT: Full ride to Xavier U. BIRTHDATE: 11/1/94 HEIGHT/WEIGHT: 6'2"-150 lbs. RESIDENCE: Hebron, Ky. PARENTS: Vince & Kathy BIGGEST INFLUENCE: "My family." FUTURE GOAL:

ST. HENRY

Play volleyball and graduate at Xavier, eventually start a family

"Abbey's work ethic, persistence, determination & faith have made her an exceptional volleyball player in the state of Kentucky. Scholastically she is top in her class." — Maureen Kaiser, Volleyball Coach

